

META SOLUTION

Dancing with the Stars	BEBOPPING	PIN	B	Thursday	11:30-1:45	MTV
Late Night with Conan O'Brien	ROOK	OK	O	Wednesday	12:30-1:30	WGN
The Brady Bunch	JEFFERSON	FF	O	Tuesday	11:00-1:15	SCI
Alvin and the Chipmunks	SATURDAY	SAT	T	Monday	5:00-7:00	TLC
CSI	BIGBADWOLF	ADW	B	Monday	12:30-3:00	NBC
Star Trek	CREWS	REW	E	Thursday	5:00-6:15	VH1
How I Met Your Mother	HUNGOVER	GO	U	Tuesday	5:15-7:15	DIS
Lost	UNRECOVERABLE	REC	B	Wednesday	2:00-5:15	FOX

Step 1: The remote "circuitry" contains differently colored lines (color is only meant to distinguish) that "start" at one number, travel through two more numbers and then through specific letters on three other buttons. Those 3 numbers can also be interpreted as letters based on the letter choices normally seen on a traditional telephone. Using those letters, a network (from the TV shows above) can be formed. Below are the eight number triplets, the corresponding network you can spell with them and the three letters that the rest of the circuit collects:

688 MTV	THW
946 WGN	ETE
724 SCI	BLU
852 TLC	HTV
622 NBC	EAC
841 VH1	ORD
347 DIS	RBG
369 FOX	IGH

If you order the letter triplets by the chronological order of the shows that correspond to the networks (for our answer shows), you get:
EACH TV BLURB GET EIGHTH WORD

Step 2: The eighth word of each TV blurb in the program guide reads:

TO ESCAPE FROM TELEVISION PUNCH HOLES IN THE CORRECT EIGHT BUTTONS FROM REMOTE TO SEE YOUR WAY THROUGH TO THE OTHER SIDE. THE ANSWER WORDS WILL HELP.

Step 3: Two things are realized here...

Aha 1: The remote and the program grid favorite show tracker are the same size... and the length of the shows are proportional to the length of the answers. So, you can fit the answer words into the corresponding show position on the tracker - one letter per box.

Aha 2: Each answer word contains the letters for a button on the remote (listed in the above chart):
bebopPINg, roOK, jeFFerson, SATurday, bigbADwolf, cREWs, hunGOver, unRECoverable

Step 4: By placing the remote - with the PIN, OK, FF, SAT, AD, REW, GO and REC buttons cut through, the letters: BOOBTUBE are revealed and that is the final answer...